How To Use This Book

Each acupuncture point description is arranged in the following manner.

Point Number | Pinyin Name | English Name | Needle Insertion Depth | Needle Angle p=perpendicular o=oblique s=subcutaneous

LU.7 Leique (Broken Sequence) .3-.5o

-Lou-Connecting **-Exit Point**

-Confluent with Ren **-Command**

Special Point Characteristics

Superior to the styloid process of radius, 1.5 cun above the transverse crease of wrist.

Location of acupoint in italics

1. Release exterior, expel wind
2. Promote descending function of Lung qi
3. Eliminates wind and phlegm
4. Benefits the head and neck
5. Opens and regulates the Ren
6. Regulates the water passages

Acupoint Functions

I: Headache, migraine, stiff neck, cough, sore throat, toothache, facial paralysis, poor memory, retention of dead fetus, wrist pain, lock jaw, deviated mouth, genital pain, seminal emission

Indications

Some points may be needled at various angles. For example, ST.6 is needled either perpendicularly (p) or subcutaneously (s)

ST.6 Jiache (Jaw Chariot) .3-.5ps*

-**Ghost Point**

One finger breadth anterior and superior to the lower angle of the mandible where the masseter muscle attaches. At the prominence of the muscle when the teeth are clenched.

1. Eliminates wind
2. Benefits the teeth and jaw

I: Facial paralysis, toothache, swelling of face, trismus, mumps

*.3-.5 p or s with tip of needle directed toward ST.4

* Indicates there is a special technique for needling this point

Additional information for these types of points can be found after the point indications