

## Spleen Qi Deficiency

Loose stools, diarrhea, fatigue, lassitude, sallow complexion, pale face, heaviness sensation, abdominal distention, edema, shortness of breath, acid regurgitation  
T=pale, teethmarks  
C=white, thin  
P=weak, forceless

Tonify Spleen Qi

Liv13, Ren12, Sp3, Sp5, Sp6, St36, Ub20

*Si jun zi tang*  
*Xiang sha liu jun zi tang*  
*Qi wei bai zhu san*

## Spleen Qi Sinking

Sinking feeling in abdominal region, abdominal distention, prolapse of uterus-rectum-stomach, hemorrhoids, shortness of breath, pale face, fatigue, incontinence of urine  
T=pale  
C=white  
P=weak, moderate

Tonify Spleen, raise up yang qi

Du20, Liv13, Ren12, Sp3, Sp5, Sp6, St36, Ub20

*Bu zhong yi qi tang*  
*Huang qi jian zhong tang*

## Spleen Yang Qi Deficiency

Abdominal distention after eating, cold epigastrium pain, water stools with undigested food, cold limbs, fatigue, edema, vomiting, sallow complexion  
T=pale  
C=thin white  
P=deep, thin, weak, slow

Warm yang qi, tonify the Spleen, dispel cold

Du4, Liv13, Ren6, Ren12, Sp3, Sp5, Sp6, Sp9, St36, St28, Ub20, Ub22, Ub23

*Li zhong wan*  
*Fu zi li zhong wan*  
*Shi pi yin*

## SPLEEN SYNDROMES